

Hand washing Activity

| Washers | Rinsers | Walkers |
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Directions for Data Collection for Hand washing Activity

- 1. Spend 10 minutes in a public rest room
- 2. Observe the number of people who:
 - A. wash his/her hands with soap and water
 - B. rinse (water only) his/her hands
 - C. make no effort to either wash or rinse hands
 - D. save data and report back to class
 - E. compile data by gender

PROPER HANDWASHING

Or how can I stay healthy in spite of
the rest of world.

Can you identify the 10 steps to proper hand washing??

Proper Hand Washing Technique

1. Advance paper towel dispenser
2. Turn on water
3. Wet hands
4. Apply soap
5. Sing Twinkle Twinkle Little Star while washing hands (Scrub for 15-20 sec.)
6. Rinse Hands

Hand washing continued

7. Dry hands
8. Shut off faucet with the wet paper towel
9. Open door with the wet paper towel
10. Throw out paper towel as you leave the room. [The History of Handwashing](#)