

Name: \_\_\_\_\_

## What's Your Favorite Sugar Sweetened Beverage (SSB)?



[http://www.freefoto.com/images/09/14/09\\_14\\_60\\_prev.jpg](http://www.freefoto.com/images/09/14/09_14_60_prev.jpg)

Give me your top three SSBs....

Can't live without it: \_\_\_\_\_

My back up SSB: \_\_\_\_\_

My occasional indulgence: \_\_\_\_\_

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Name/s: \_\_\_\_\_

Period: \_\_\_\_\_

Your Sugar Sweetened Beverage?  
Yummy!

Beverage: \_\_\_\_\_

Calories per serving? \_\_\_\_\_

Exercise Choice: \_\_\_\_\_

Calories Burned per hour? \_\_\_\_\_